

# HOME OF THE GOLDEN BEARS

## PHYSICAL EDUCATION

STUDENT CHANGE FOR CLASS (SHORTS & T SHIRT/SWEATS/SWIM SUIT)  
THEY WILL NEED A LOCK FOR THEIR GYM LOCKER (PURCHASE FROM SLAUSON = \$5 = BEST)

TYPICAL PE DAY GET TO LOCKERROOM CHANGE FOR CLASS WARMUP & FITNESS ACTIVITY  
INSTRUCTION/ACTIVITY PLAY GAMES

6<sup>TH</sup> GRADE ACTIVITY UNITS (VARIES EACH YEAR) SOCCER FIELD HOCKEY SWIMMING  
FLOOR HOCKEY VOLLEYBALL BASKETBALL TRACK & FIELD  
TEAM HANDBALL GYMNASTICS FOOTBALL SOFTBALL LACROSSE FENCING  
PICKELBALL VOLLEYMITTEN

“A” & “B” (M & T) IN 6<sup>TH</sup> GRADE STUDENTS SWITCH BETWEEN MUSIC & PHYSICAL EDUCATION  
“A” = MONDAYS & THURSDAYS “B” = TUESDAYS & FRIDAYS & ALTERNATE WEDNESDAYS  
FOR EXAMPLE YOUR STUDENT IS A BAND STUDENT (WOODWIND)  
THEY ARE “A” PE STUDENT AND “B” MUSIC STUDENT  
SO THEY WOULD GO TO PE ON MON & THURS, BAND ON TUE & FRI AND ALTERNATE WEDNESDAYS  
BRASS PERCUSSION WOULD FLIP THESE DAYS

PE HOMEWORK = FITNESS LOG (2 PER QUARTER, 4 WEEKS - 3 TIMES PER WEEK – 30 MINUTES PER)

### SPORTS

ATHLETES MUST HAVE A CURRENT PHYSICAL AND SPORTS FORMS PACKET TURNED IN  
TYPICALLY 2 OR 3 DAYS PER WEEK FROM 3 TO 4

SEASON 1 (SEPT/OCT)	CROSS COUNTRY (BOYS & GIRLS), 6 BOYS SOCCER, 6 GIRLS SOCCER
SEASON 2 (NOV/DEC)	WRESTLING, 6 GIRLS BASKETBALL
SEASON 3 (JAN/FEB)	SYNCHRONIZED SWIMMING, 6 BOYS BASKETBALL
SEASON 4 (MARCH/APRIL)	SWIM TEAM, 6 BOYS VOLLEYBALL, 6 GIRLS VOLLEYBALL
SEASON 5 (APR/MAY/JUNE)	6 BOYS TRACK, 6 GIRLS TRACK, 6 INSTRUCTIONAL TENNIS

### CLUBS

TYPICALLY 1 DAY PER WEEK 3 TO 4 PER QUARTER  
SCIENCE OLYMPIAD - STEP – ROBOTICS – CHESS – GARDEN – SPELLING BEE – GEOBEE  
JAZZ BAND – FENCING – EARTHDAY – CARD (MAGIC/ETC) – HOMEWORK – DRAMA – GYMNASTICS  
WEB – ART – MATH – FILM – TABLE GAMES

### ADVISORY

6<sup>TH</sup> GRADE ADVISORY GYM MEETS ONE DAY PER WEEK  
ACTIVITIES – KICKBALL FOOTBALL CAPTURE THE FLAG SQUARE DANCING VOLLEYMITTEN  
JUMP ROPE BASKETBALL VOLLEYBALL PICKELBALL SOCCER  
6<sup>TH</sup> GRADE ADVISORY CHOIR – A MUST DO!

### SPECIALS

FUNDAYS (TEND TO BE BEFORE BREAKS) DURING SCHOOL = LAST HOUR OF THE DAY  
ICE CUBE TRIP (BEFORE SPRING BREAK)  
HARRY POTTER (IF DURING SCHOOL YEAR)  
7<sup>TH</sup> GRADE CAMP  
8<sup>TH</sup> GRADE TRIP (2010 = CHICAGO)  
8<sup>TH</sup> GRADE FRENCH TRIP (QUEBEC)

**WHERE TO LOOK FOR INFORMATION**  
SLAUSON WEBITE & SLAUSON GOOGLE CALENDAR

**WALK WITH PRIDE – THIS IS GOLDEN BEAR COUNTRY**